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# CHEF DALE SNIFFEN RECIPE

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## **Acai Chia Breakfast Granola Bowl**

|                  |                                    |
|------------------|------------------------------------|
| Serves           | 4                                  |
| Preparation time | 10 Minutes                         |
| Setting time     | 2 Hours or overnight in the fridge |
| Shelf life       | 4 days @5C                         |

### **Easy Prep list**

- 6 tbsp Chia seeds
- 1 Tbsp Acai powder or 1 pack frozen brick of Acai berry
- 400ml Unsweetened coconut or almond milk
- 1 teaspoon Pure Vanilla extract
- 1 Tbsp Maple Syrup or Honey

- Combine chia seeds and Acai powder in a mixing bowl
- Mix through milk, vanilla and syrup
- Allow 2 hours for setting time

### **Serve up with**

- Toasted Granola (recipe provided)
- Strawberries
- Blueberries
- Bananas
- Toasted coconut
- Seed Sisters